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# Study of Depressive Illness in Retired People of South Indian Population

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## Abstract

120 retired patients are selected and counseled psychiatrically. These are grouped into two, 1. Sixty patients who were directly related to people every day during their service. 2. Sixty patients who were not directly related to people in everyday. In group (1) two major depressive illnesses (33.3%), two anxiety disorders (33.3%) and one paranoid reactive patient (1.6%) and group 2 has two sleep disturbances (3.33%) and one dementia (1.6%) patient. Group 1 has 8.3% and group two has 4.9% depressive illness is diagnosed. This study will certainly help the physician and psychiatrist because in the present study, depressive illness associated with carcinoma, cardiac, DM, Strokes are excluded.

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## Keywords

Major depression, Paranoid, Anxiety disorders, dementia.

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