RESEARCH ARTICLE

Ubiquitin Mediated Degradation of EGFR by 17 β-estradiol in Triple Negative MDA-MB-231 (TNBC) Breast Cancer Cells Line

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> **Abstract:** *Background* **:** Triple Negative Breast Cancer (TNBC) commonly displays Epidermal growth factor receptor (EGFR). Effective EGFR degradation results in the suppression of tumor in various models. Studies have addressed the relevance of this strategy in the treatment of TNBC. In the present study, we examined the effect of 17 βestradiol on EGFR expression in MDA-MB-231 (TNBC) cell line and assessed whether 17 β-estradiol degrades EGFR by ubiquitination pathway.

A R T I C L E H I S T O R Y

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Cycloheximide with or without 17β-estrdiol to observe whether 17β-estradiol leads to EGFR degradation and to treat with MG-132 to assess whether degradation occurs through ubiquitination pathway.

*Objectives***:** The objective of this study is to treat MDA-MB-231 cell lines with

Methods **:** MDA-MB-231 cells were treated with 17β-estradiol (E2) and EGFR expression was studied by western blotting at different intervals by using Cycloheximide chase. To assess ubiquitination pathway of degradation of EGFR in MDA-MB-231 cell line, MG-132 was used.

*Results***:** EGFR expression was reduced with β-estradiol treatment in MDA-MB-231 cell line with Cycloheximide chase. Upon Treatment with MG-132 and E2, EGFR expression did not reduce, suggesting that Estrogen degrades EGFR by ubiquitination pathway.

Conclusion: Estrogen degrades EGFR in MDA-MB-231 cells and this degradation occurs by ubiquitination.

Keywords: Triple negative breast cancer, MDA-MB-231, estrogen, epidermal growth factor receptor, MG-132, ubiquitination.

1. INTRODUCTION

 Breast cancer (BC) is the most common malignancy in women worldwide [1, 2]. Almost 70% of patients with breast cancer express estrogen receptor- α (ER α). Due to effective endocrine therapies, the mortality of patients with ER α tumors has reduced significantly in the past decade. Similarly, about 15% of patients have tumors that over express HER2 receptor and thus are candidates for HER2 targeted treatments. In contrast, Triple negative breast cancer (TNBC) occurs in 10– 15% of patients, yet this subtype accounts for about 50% of all breast cancer deaths. TNBCs lack clinical

expression of $ER\alpha$, progesterone receptor, and HER2 over expression α -/PR-/HER2−). Although heterogeneous, TNBCs typically occur in younger women and African American and Asian women as well as among some patients with BRCA1 gene defects [1, 2].

 TNBC commonly displays epithelial growth receptor (EGFR). EGFR and human epidermal growth factor receptor 2 (HER2) are members of the ErbB family of RTKs that are of particular importance in breast cancer. Although estimates vary, EGFR over-expression is thought to present in approximately 30% of breast cancers, while HER2 positivity is detected in 25-30% of cases [3, 4]. High levels of EGFR and HER2 are associated with more aggressive cancer phenotypes and poorer prognosis [5]. When activated by ligand binding and dimerization, RTKs are internalized and

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pro-oncogenic intracellular signalling is initiated, primarily via the MAPK and PI3K/Akt pathways. The aberrant gene expression induced by enhanced expression/activation of EGFR or HER2 promotes cancer cell proliferation, survival, migration, and angiogenesis [6]. TNBC is more aggressive than other disease subtypes, and no molecular targeted agents are currently available for the treatment. Effective EGFR degradation results in the suppression of tumor in various models. Studies have addressed the relevance of this strategy in the treatment of TNBC. The ability of certain monoclonal antibody mixtures to enhance EGFR degradation raised the possibility that such a strategy would inhibit EGFR-driven tumors, including the most aggressive fraction of breast cancer [1]. Therefore, degradation of EGFR can be one of the potential targets for the treatment of TNBC.

 In western countries, clinical data suggests that where OCP usage is high, prevalence of ER + breast cancer is high. In African and Asian countries where OCP usage is low, prevalence of TNBC is high [7, 8]. This clinical and molecular data had led to our hypothesis that estrogen may interact with EGFR in TNBCs and degrade it through one of the degradation pathways. The underlying mechanism is probably related to the sorting of internalized EGFRs to either recycling or degradation [9]. Sorting requires the conjugation of multiple ubiquitins, which mark the receptor for degradation [10]. We hypothesized that estrogen is involved in this mechanism, which facilitates the ubiquitination process. Therefore, we chose MDA-MB-231 cell lines treated Cycloheximide with or without β-estrdiol to observe whether β-estradiol leads to EGFR degradation. Subsequently, cell lines were treated with MG-132 to assess whether degradation occurs through ubiquitination pathway.

2. MATERIALS AND METHODS

2.1. Cell Culture

 Human breast cancer cell lines MDA-MB-231, MCF-7 were obtained from the National Centre for Cell Sciences, Pune, India. Cells were grown in the respective medium as prescribed by the supplier. MCF-7, MDA-MB-231 were cultured in Roswell Park Memorial Institute media (RPMI) containing phenol red and supplemented with 10% Fetal Bovine Serum (FBS). Cell lines were cultured in a 5% CO₂ humidified atmosphere at 37°C. Cells were used up to a maximum of 28 passages and were subject to regular mycoplasma testing. β-estadiol, Cyclohexamide and MG-132 were obtained from the Aldrisch sigma.

2.2. Effect of 17 β-estrdiol on MDA-MB-231 and MCF-7 Cell Lines on EGFR Expression

 EGFR is a transmembrane receptor and it is over expression in breast cancer predicts for poor prognosis. This study was designed to investigate whether estrogen plays an active role in the expression or suppression of EGFR in MCF-7 and MDA-MB-231 cell lines. We hypothesized that 100 nM of 17βestradiol will lead to the over expression of EGFR in MCF-7 and suppresses in MDA-MB-231 cell lines. We standardised the prior concentration of estrogen to be used *i.e*. 100nM in prior.

 Technique: MDA-MB-231 and MCF-7 cell lines were cultured in a large flask. At 70-80% confluence cell were trypsinized twice, centrifuged at 1200rcf for 4 min, supernatant was removed. FBS was added to approximately 4 \times 10⁶ cells/well were placed in 6 well plates and starved for 12 hours. Both cell lines were treated with 100 nM β-estradiol. Expression of EGFR at 0 and 3 hours time intervals was assessed by western blot.

2.3. Cycloheximide Chase to Assess the Effect of 17 β-estradiol on MDA-MB-231 Cells on EGFR Expression

 A difference in a steady state protein levels after inhibiting degradative pathways provides strong proof for the contribution of proteolysis to the control of protein abundance [11]. However, such an analysis still does not furnish information regarding the kinetics of protein turnover. Cycloheximide chase followed by western blotting overcomes this deficiency by allowing researchers to visualize protein degradation over time [12-14]. Further, because protein detection following Cycloheximide chase is typically carried out by western blotting, radioactive isotopes and lengthy immuneprecipitation steps are not needed for Cycloheximide chase, unlike many commonly used pulse chase techniques, which are also performed to visualize protein degradation [15]. Cycloheximide chase is suitable for analyzing protein stability over a short time course (*i.e.,* up to two hours). Over longer time courses (*i.e.*, two hours to days), Cycloheximide, a global inhibitor of translation, is toxic to cells, likely due to depletion of ubiquitin [16]. Further, analyses of protein stability over longer time courses are more likely to be compromised by indirect effects of globally reduced protein synthesis on the degradation of the protein of interest (*e.g.,* degradation of a short-lived protein taking part in the degradation of the protein of interest). Other techniques, such as pulse chase metabolic labeling experiments, are therefore better suited for studying the degradation of long-lived proteins and may be carried out to corroborate results obtained in Cycloheximide chase experiments.

 Technique: MDA-MB-231 cell lines were cultured in a large flask. At 70-80%, confluence cells were trypsinized twice, centrifuged at 1200 rcf for 4 min, supernatant was removed. FBS added approximately 4 \times 10⁶ cells/well were placed in 6 well plates and starved for 12 hours. Cells were treated with 100 nM 17β-estradiol. Expression of EGFR at 0, 0.5, 1, 2, 3 and 4 hours' time intervals with or without 50μg cycloheximide was assessed by western blot.

2.4. EGFR Degradation is Due to Ubiquitination

 The ubiquitin-proteasome system (UPS) is a major protein degradative pathway involved in the preservation of cellular structure and function [17, 18]. While the 20S proteasome is involved in direct protein hydrolysis, degradation of ubiquitinated proteins by the 26S proteasome is a relatively more important process in protein turnover [19-21]. Ubiquitination of proteins designed for degradation is an ATP-dependent process and involves cooperation of three ubiquitin ligase enzymes. In particular, the ubiquitin moiety is transferred by Ubiquitin-activating enzyme E1 to the Ubiquitin-conjugating enzyme E2 followed by formation of ubiquitin chain ligation on target proteins by a substrate specific E3 ubiquitin ligase [22]. Selected components of the 26S cap proteins are involved in the recognition and transport of ubiquitinated proteins for degradation by the 26S proteasome [23, 24]. MG-132 is a potent, reversible, and cell-permeable proteasome inhibitor. It reduces the degradation of ubiquitinconjugated proteins in mammalian cells and permeable strains of yeast by the 26S complex without affecting its ATPase or iso-peptidase activities.

 Technique: MDA-MB-231 cell lines were cultured in a large flask. At 70-80%, confluence cells were trypsinized twice, centrifuged at 1200rcf for 4 min, supernatant was removed. FBS was added to approximately 4 \times 10⁶ cells/well were placed in 6 well plates and starved for 12 hours. Cells were treated with 100 nM 17β-estradiol and 50 μg Cycloheximide. Expression of EGFR at 0, 0.5, 1, 2, 3 and 4 hours time intervals with or without MG-132 was assessed by western blot.

2.5. Total Cell Extraction and Western Blotting

 Cells were obtained from 6-well plates after the treatment after adding lysate. Cell lysates were collected on ice by washing x1 in ice-cold PBS then scraping in 100 μL of lysis buffer (150 mM NaCl, 50 mM Tris base pH 8, 1 % NP-40 containing protease and phosphatase inhibitors. The lysates were centrifuged at 14,000 rcf for 10 min at 4 °C and protein concentration of the supernatants was determined by bicinchoninic acid assay (BCA) assay. For the expression analysis in different breast cancer cell lines, total protein was extracted and quantitated as described previously [25]. Total protein was separated on 10 % Bis–Tris PAGE gel using Tris–Hcl buffer and the proteins were transferred to nitrocellulose membranes (Himedia) using a transfer apparatus at 65 V for 90 min. The antibodies were used against EGFR (rabbit monoclonal, BD Biosciences, CA-9061) and GAPDH (Santa Cruz Biotechnology, CA-166574). Appropriate secondary antibodies conjugated to horseradish peroxidase (BioRad) were incubated with respective membranes for 2 h at room temperature. The membranes were developed using ECL plus (BioRad), and the image was captured using enhanced Chemi-luminescence system, G: BOXChemi XX6/XX9. Immunoblot for GAPDH was considered as an internal control for loading. The protein bands were quantified and normalized relatively as the control band with Image J, version 1.35d (National Institutes of Health Image software).

2.6. Wound Healing Assay

 The wound healing assay is a standard *in vitro* technique for probing collective cell migration in two dimensions. In this assay, a cell-free area is created in a confluent monolayer by physical exclusion or by removing the cells from the area through mechanical, thermal, or chemical damage. The exposure to the cellfree area induces the cells to migrate into the gap.

 Technique: Briefly, the MDA-MB-231 cells (4 × 10⁶ cells/well) were plated in 6-well plates for 48 h to a confluence of about 80%, then wounded by scratching with a p200 pipette tip. Thereafter, the debris was removed and we washed the cells once with 1 mL of the growth medium to assure the edges of the scratch were smoothed by washing. We took utmost care to make the wounds of the same dimensions, both for the experimental and control cells, to minimize any possible variety resulting from a difference in scratch width. The cells were then incubated with DMEM medium containing 0.5% FBS and treated with 100 nM of 17β-estradiol. The control sample harboured the cells and a standard medium without any active agents. The MDA-MB-231 cell migration was assessed by gap closure migration assay, embedded by free ImageJ software (version 1.50i, National Institute of Health, Bethesda, MD, USA). The area of the initial wound was measured, followed by gap area measurements after 24 h. The migration factor was represented as the gap area value over the initial scratch area.

2.7. Statistical Analysis

 Statistical analysis was carried out by using Graph Pad Prism version 7.04. Statistical analysis of expression of EGFR. *P*<0.05 was considered to be statistically significant. Results for normally distributed data were analysed using student t test and ANOVA.

3. RESULTS

3.1. Effect of 17β-estrdiol on MCF-7 and MDA-MB-231 Cell Lines on EGFR Expression

 There was increased expression of EGFR in 17βestradiol treated MCF-7 cell lines at 0, 6 and 12 hours of interval (*P*=0.0008). A statistical significant 1.12 and 1.4 fold increased expression of EGFR at 6 hours and 12 hours was observed, respectively. There was reduced expression of EGFR in 17β-estradiol treated MDA-MB-231 cell lines at 0, 6 and 12 hours of interval. (*P*=0.0001) A statistical significant 0.41and 0.38 fold decreased expression of EGFR at 6 hours and 12 hours was observed, respectively (Fig. **1**).

3.2. Cycloheximide Chase to Assess the Effect of βestradiol on MDA-MB-231 Cells on EGFR Expression

 There was reduced expression of EGFR at 3 hours in cells treated with Cycloheximide and 17β-estradiol compared to cells treated with Cycloheximide alone. With Cycloheximide alone expression of EGFR reduced significantly to 1.29 fold. With Cycloheximide

Fig. (1). A1. Effect of 100 nM 17β-estradiol on MCF-7 cell line at 0, 6 and 12hours. (Representative blot) **A2**. Effect of 100 nM 17β-estradiol on MCF-7 cell line at 0, 6 and 12hours. Statistical analysis performed was ANOVA (*p*=0.0008). **B1**. Effect of 100 nM 17β-estradiol on MDA-MB-231 cell line at 0, 6 and 12hours. (Representative blot) **B2**. Effect of 100 nM 17β-estradiol on MDA-MB-231 cell line at 0, 6 and 12hours. Experiment was done thrice in triplicates. Statistical analysis performed was ANOVA (*p*=0.001).

Fig. (2). A1. Expression of EGFR in MDA-MB-231 cell line with 50 μg Cycloheximide at 0 and 3 hours. (Representative blot) **A2**. Expression of EGFR in MDA-MB-231 cell line with 50 μg Cycloheximide at 0 and 3 hours. Statistical analysis was performed by independent t test (*p*=0.0001). **B1**. Expression of EGFR in MDA-MB-231 cell line with 100 nM E2+ 50 μg Cycloheximide at 0 and 3 hours. (Representative blot) **B2**. Expression of EGFR in MDA-MB-231 cell line with 100 nM E2+ 50 μg Cycloheximide at 0 and 3 hours. Experiment was done thrice in triplicates. Statistical analysis was performed by independent t test ($p=0.0001$).

and 17β-estrdiol expression was further reduced significantly 1.73 fold (Fig. **2**).

3.3. Cycloheximide Chase to Assess Ubiquitin Mediated EGFR Degradation

 There was a significant reduced expression of EGFR at 1, 2, 3 and 4 hours in cells treated with 17βestradiol, Cycloheximide (*P*= 0.001). There was a 1.52 fold decrease in the expression of EGFR from 0 hour to 4 hours. There was no significant reduced expression of EGFR at 1, 2, 3, and 4 hours in cells treated with 17β-estradiol, Cycloheximide and MG-132. (P=0.05) There was a meagre 0.7 fold decrease in the expression of EGFR from 0 hour to 4 hours (Fig. **3**).

3.4. Wound Healing Assay

 The results of the wound healing assay are presented in Fig. **4**. In the control group, cell migration was very dynamic and the ratio of 0 hour to 24 hour gap was 1.09 after 24 hrs. Using a 100nM estrogen, the motility of the MDA-MB-231 cells was inhibited and the ratio of 0 hour to 24 hour gap was 0.88. Therefore,

Fig. (3). A1. Expression of EGFR in MDA-MB-231 cell line with 100 nM E2+ 50μg Cycloheximide at 0, 0.5, 1,2, 3 and 4 hours. (Representative blot) **A2**. Expression of EGFR in MDA-MB-231 cell line with 100 nM E2+ 50μg Cycloheximide at 0, 0.5, 1, 2, 3 and 4 hours. Statistical analysis was performed by one way ANOVA (*p*=0.001). **B1**. Expression of EGFR in MDA-MB-231 cell line with 100 nm E2+ 50 μg Cycloheximide +MG-132 at 0, 0.5, 1,2, 3 and 4 hours. (Representative blot) **B2**. Expression of EGFR in MDA-MB-231 cell line with 100 nm E2+ 50 μg Cycloheximide + MG-132at 0, 0.5, 1,2, 3 and 4 hours. Experiment was done thrice in triplicates. Statistical analysis was performed by one way ANOVA (*p*=0.05).

it can be interpreted that 17β-estradiol promoted migration and inhibition of the MDA-MB-231 cells (Fig. **4**).

Fig. (4). Effect of 100 nM 17β-estradiol on MDA-MB-231cellline with 100 nM of E2 on wound healing. Experiment was done thrice in triplicates. Statistical analysis was performed using unpaired t test (*p*=0.0001).

4. DISCUSSION

 In this study, we observed that there was a reduced expression of EGFR in MDA-MB-231 cell lines compared to MCF-7 cell lines upon treatment with 17βestradiol. This indicates that estrogen behaves differently with ER+ and TNBC cell lines. There was a reduced expression of EGFR in MDA-MB-231 cell lines upon treatment with β-estradiol and Cycloheximide when compared to cell lines treated with Cycloheximide alone. This further confirms that estrogen certainly degrades EGFR. We also observed that there was no reduced expression of EGFR in MDA-MB-231 cells treated with 17β-estradiol, Cycloheximide and MG-132 compared to cells treated with 17β-estradiol and Cycloheximide. These observations suggest that βestradiol degrades EGFR in MDA-MB-231Cells and degradation is mediated by ubiquitination.

 There were few limitations of the study. We did not use other types of TNBC cell lines. We did not perform RT-PCR to estimate mRNA levels. We did not change the levels of 17β-estradiol to the exact concentration EGFR inhibited. We did no elucidate the effect of estrogen antagonist. We did not study downstream molecules of EGFR.

 Although breast cancer subtypes are genetically linked, environmental factors play a key role. Oral estrogen (OCP) consumption in western countries has been high and in developing countries is low. Accordingly, incidence of ER+ breast cancer is high and low, respectively. But, TNBC incidences are low and high respectively. This has led us to think that more usage of oral estrogens may lead to less incidences of TNBC. There are evidences that ER+ tumours and TNBC behaves indifferently in presence of estrogen. In our study we too tried to demonstrate that

17β-estradiol can act indifferently in different phenotypic breast cancers *in vitro*. We demonstrated that 17β-estradiol augment the proliferation of MCF-7 cells by increasing the expression of EGFR whereas βestradiol decreases the proliferation of MDA-MB-231 cells by decreasing the production of EGFR.

 TNBCs typically occur in younger women And African American women as well as among some patients with BRCA1 gene defects [1, 2]. Populationbased data show that African American women have a higher incidence of TNBC and present with more advanced stages than Caucasian women [26]. This cancer subtype also associates with adverse biological features, including high mitotic count and very aggressive behavior. Based on current data, estradiol regulates gene expression of EGFR and other several proteins by genomic and non-genomic inputs [27, 28]. Genomic signals involve the direct action of nuclearlocalized ER α as an estradiol regulated transcription factor or co-regulator. By contrast, non-genomic signaling involves extra nuclear events mediated by extra nuclear ERs often in cooperation with co activator or adaptor proteins [29]. Thus, estrogens promote the progression of ER+ breast cancers through predominant ERα. In TNBC, second type of estrogen receptor, termed estrogen receptor-beta ($ER\beta$). $ER\alpha$ and ERβ have reciprocal actions. Studies have demonstrated that ERβ1 inhibits epithelial mesenchymal transition (EMT) and invasion in basallike breast cancer cells when they grow esther *in vitro* or *in vivo* in zebrafish. EMT is also because of hypoxia known in cancer development [30]. Thus, activation of ERβ in TNBC probably reduces the expression of EGFR [31]. EGFR expression can also be degraded by the activation of non-genomic pathways. In our study, we demonstrated that β-estradiol indeed causes degradation, also we tried to analyse how degradation occurs. There are various steps involved in degradation of EGFR. Upon activation, EGFR is tyrosinephosphorylated, and subsequently recruits Cbl, an E3 ubiquitin ligase, and Grb2, an adaptor protein, for assembly of the ubiquitination complex, and interacts with Eps15 and AP-2, two endocytic adaptor proteins, to form clathrin-coated endocytic vesicles [32- 35]. The endocytic vesicles or endosomes containing ubiquitinated EGFR are recognized by the ubiquitinbinding protein Hrs and transported to multi-vesicular bodies (MVBs) [36, 37]. Finally, the MVBs fuse with lysosomes to complete the degradation of EGFR. We hypothesized that estradiol inhibits ubiquitination. To test our hypothesis, we treated MDA-MB-231 cells with cycloheximide and estradiol and observed estrogen degrades EGFR. There was a 1.52 fold significant decrease in the expression of EGFR. Subsequently, to test another hypothesis that degradation of EGFR occurs due to facilitation of ubiquitination, we treated MDA-MB-231 cells with cycloheximide, estradiol and MG-132 where MG-132 effectively blocks the proteolytic activity of the 26S proteasome complex reduces the degradation of ubiquitin-conjugated proteins. We observed that there was a statistically insignificant 0.7 fold decrease in EGFR expression.

This indicates that degradation of EGFR occurs upon treatment with 17β-estradiol, where degradation is mainly mediated by ubiquitination. We also tested our hypothesis on wound healing test. We treated MBA-MB-231 cells with or without estradiol; we observed that without estradiol, cell migration was very dynamic, a ratio of 0 hour to 24 hour gap was 1.09 after 24 hrs and motility of the MDA-MB-231 cells was inhibited and ratio of 0 hour to 24 hour gap was 0.88 with estradiol. This observation also proves that esrogen delays the

proliferation of MDA-MB-231 cells.

 EGFR is one of the receptors most commonly associated with human tumors and has been shown to correlate with the progression of many tumor types, including breast tumors [38-40]. Most often associated with aspects of tumor growth (*i.e*., proliferation, apoptosis, and cell survival), little emphasis has been placed on the effects of EGF on breast cancer cell migration. The complex process of cell migration is a critical component of many normal and pathophysiological processes, and its central role in the progression of tumors from a noninvasive to an invasive and metastatic phenotype is well known [41]. Epidermal growth factor receptor (EGFR) levels predict a poor outcome in human breast cancer and are most commonly associated with proliferative effects of epidermal growth factor. In this study, we tried to demonstrate the effect of estrogen with EGFR expression in different subtypes of breast cancers, mainly ER+ and TNBC tumours, whether they respond differently. We found that estradiol degrades EGFR in MDA-MB-231 and we could also demonstrate that degradation occurring through ubiquitination. The underlying mechanism of degradation appears related to the sorting of internalized EGFRs to either recycling or degradation [9]. Sorting EGFR requires conjugation of multiple ubiquitins, which mark the receptor for degradation [10]. Therefore, our study demonstrated that EGFR is degraded by ubiquitination.

 Several lines of evidence support the possibility that EGFR plays a the role of a driver in a large fraction of TNBC. For example, EGFR gene amplification is commonly identified in metaplastic breast carcinoma, a basal-like fraction of tumors [42]. Likewise, gene expression signatures correlated TNBC with modules comprising EGF-like ligands, EGFR, and several downstream effectors [43]. Although TNBC clinical trials using EGFR inhibitors, including cetuximab, reported a lack of clinical benefit [44], our study offers an alternative strategy by degrading EGFR by estrogen. Experiments that used TNBC line indicated that down regulation of EGFR through ubiquitination can retard motility and proliferation of TNBC cell line.

 By adding estogen, we detected EGFR degradation and degradation occurs through ubiquitination in MDA-MB-231 cellline. Our *in vitro* study require confirmation in animal models. Assuming confirmation *in vivo*, this study may help in understanding alternative pathway where degradation of EGFR by estrogen or other specific molecule receptors can be a targeted in the treatment of TNBC. In the future, estrogen like

molecules may be used as adjunct in the treatment of TNBC.

CONCLUSION

 We concluded that β-estradiol degrades EGFR in MDA-MB-231 cells and this degradation occurs by ubiquitination. This study may help in understanding alternative pathway where degradation of EGFR by estrogen or other specific molecule receptors can be targeted in the treatment of TNBC.

LIST OF ABBREVIATIONS

ETHICS APPROVAL AND CONSENT TO PARTICIPATE

 Ethical committee approval was obtained from the institution (Ref:SDMIEC:0741:2016).

HUMAN AND ANIMAL RIGHTS

Not applicable.

CONSENT FOR PUBLICATION

 We declare that we have consent to publish this article.

AVAILABILITY OF DATA AND MATERIALS

Not applicable.

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CONFLICT OF INTEREST

 The author declares no conflict of interest, financial or otherwise.

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