BLDE (DEEMED TO BE UNIVERSITY) July - 2022

B.Sc. Food & Nutrition

[Time: 3 Hours]

[Max. Marks: 80]

III SEMESTER PAPER - I (Lifespan Nutrition I) QP CODE: 8380

Your answer should be specific to the questions asked. Write Question No. in left side of margin.

Long Questions

10X1 = 10 Marks

1. Explain food requirements of preschool children giving their dietary guidelines and list out the feeding problems seen in them.

Short Essays: (Any - 8)

5 X 8 = 40 Marks

- 2. What are the basic principles of meal planning and why is it necessary?
- 3. Give immunological importance of breast milk.
- 4. Give RDA for 5 year old kid and explain how it can be met.
- 5. What are the points to be considered in planning a packed lunch? Suggest some packed lunches.
- 6. What are nutritional requirements in adolescents?
- 7. What is balanced diet? Why is it necessary to have balanced diet?
- 8. What is weaning? What is the need of weaning in infants? Give some examples of some weaning foods.
- 9. What are the factors that affect nutritional status of preschool children?
- 10. What are feeding problems in school going children?

Short Answers: (Any - 10)

 $3 \times 10 = 30 \text{ Marks}$

- 11. Give four food group system suggested by ICMR.
- 12. How does breast milk benefit in hormones and growth of infants?
- 13. Write a note on dental decay in preschool children.
- 14. Write about constipation and obesity in 6-12 years children.
- 15. Explain nutritional problems in adolescent boys.
- 16. Explain nutrient quality of antioxidants.
- 17. Write note on growth and development in infancy.
- 18. Write about iron requirement in 1-6year children.
- 19. Give RDA for girls of age 13-15 years.
- 20. What is packed lunch? Why is it important?
- 21. What are the factors affecting meal planning?

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HI SEMESTER

PAPER - II (Chemistry I)

OP CODE: 8381

Your answer should be specific to the questions asked. Write Question No. in left side of margin.

Long Questions

10X1 = 10 Marks

1. What is Hybridization? Explain sp, sp2, sp3 hybrization.

Short Essays: (Any - 8)

 $5 \times 8 = 40 \text{ Marks}$

- 2. Explain Solvents Types of solvents and their characteristics
- 3. What is first order and second order reaction? Give examples.
- 4. What is effect of temperature on surface tension?
- 5. Characteristic of acid and base.
- 6. What are the 4 major types of titration curve
- 7. What are the types of reaction kinetics? Write factor affecting reaction kinetics
- 8. Principle of fractional distillation.
- 9. Lewis concept of acids and bases
- 10. What are the characteristics of ideal solution?

Short Answers: (Any - 10)

 $3 \times 10 = 30 \text{ Marks}$

- 11. Define covalent bond and give example.
- 12. Give different classification system of organic compounds
- 13. Define viscosity with example
- 14. Write short note on theory of acid-base indicators
- 15. Write hyper conjugation reaction
- 16. What do you mean by hard and soft acids and base
- 17. What is difference between nucleophile and nucleophilic?
- 18. Write principle and application of steam distillation
- 19. Isoelectric pH
- 20. Define covalent bond.
- 21. Define pK value in terms of pH.

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III SEMESTER PAPER - III (Dietetics I) **OP CODE: 8382**

Your answer should be specific to the questions asked. Write Question No. in left side of margin.

Long Questions

10X1 = 10 Marks

1. How do we classify a person as underweight? Give the causes of underweight with their signs and symptoms.

Short Essays: (Any - 8)

 $5 \times 8 = 40 \text{ Marks}$

- 2. What are the dietary principles recommended in planning diet for acute febrile conditions?
- 3. List out and explain the causal factors of obesity.
- 4. Write about types of foods given in tube feeding.
- 5. What are the responsibilities of a dietitian? What are the objectives of diet therapy?
- 6. Write about high fiber and very-low residue diet.
- 7. Write in detail about typhoid and its treatment with respect to dietary advice.
- 8. Give the nutritional and food requirement for underweight individuals.
- 9. Elaborate diet, diet therapy and meal planning.
- 10. What are the nutritional modification and dietary management in tuberculosis?

Short Answers: (Any - 10)

 $3 \times 10 = 30 \text{ Marks}$

- 11. Write a note on RDA.
- 12. Define dietitian. Give its classifications.
- 13. Write a note on therapeutic diets.
- 14. Explain clear fluid diet.
- 15. Explain any 3 complications of obesity.
- 16. Explain diet therapy in obesity.
- 17. What are the dietary guidelines for underweight?
- 18. Write about malaria and its dietary management.
- 19. Write about macronutrient deficiencies in AIDS patients.
- 20. Write differences between enteral and parenteral feeding.
- 21. Explain sodium restricted diet.