Bood of Notes How

Jan-2023

BLDE (DEEMED TO BE UNIVERSITY)

B.Sc. in Food & Nutrition

[Time: 3 Hours]

[Max. Marks: 80]

IV SEMESTER

PAPER I - (Lifespan Nutrition II) OP CODE: 8480

Your answer should be specific to the questions asked. Write Question No. in left side of margin.

Long Questions

10X1 = 10 Marks

1. Briefly explain Nutritional requirements for pregnant women.

Short Essays: (Any - 8)

 $5 \times 8 = 40 \text{ Marks}$

- 2. Write a note on Reference man and woman in relation with their physical activity along with their RDA.
- 3. Explain physiological changes seen in pregnant women in 3rd trimester.
- 4. What is the role of Calcium and Vitamin B complex in lactation?
- 5. Describe in detail the physiological changes that are observed in old age people.
- 6. Write a note on planning a cost effective balanced meal plan.
- 7. Give the dietary guidelines for women in 2nd trimester.
- 8. What are the dietary guidelines for lactating women?
- 9. Explain the role of Vitamins and Minerals in maintaining health of old age.
- 10. Write a note on nutritional requirement of adults.

Short Answers: (Any - 10)

 $3 \times 10 = 30 \text{ Marks}$

- 11. What is balanced diet? Why is it necessary?
- 12. What is the role of placenta in pregnancy?
- 13. What is Lactation Failure? List out some factors responsible for it.
- 14. Explain importance of Fiber in old age people's daily diet.
- 15. Define low cost Balanced diet and explain.
- 16. Explain impact of malnutrition during pregnancy.
- 17. What is Expressed Milk? Explain.
- 18. What are Degenerative Diseases? Give examples.
- 19. Give examples of occupations based on classification of activities for Sedentary, Moderate and Heavy active lifestyle.
- 20. Explain the relationship between Maternal and Foetal Nutrition.
- 21. Plot a diagrammatic representation of process of stimulation of milk production.

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IV SEMESTER PAPER II - (Chemistry II) QP CODE: 8481

Your answer should be specific to the questions asked. Write Question No. in left side of margin.

Long Questions

10X1 = 10 Marks

1. Write instrumentation, working, applications of UV-Vis spectroscopy

Short Essays: (Any - 8)

 $5 \times 8 = 40 \text{ Marks}$

- 2. Describe the safety measures of safety measurements in handling radio isotopes
- 3. Explain preparation of emulsifiers
- 4. Write the difference between physical and chemical adsorbent
- 5. Describe in brief Nitrogen cycles
- 6. What is Grothus and Draper law
- 7. Application of radio isotopes in medicine, agriculture
- **8.** Write the properties of sols.
- 9. What are different metal ions found in Biological systems? Give examples
- 10. Define 14C dating

Short Answers: (Any - 10)

 $3 \times 10 = 30 \text{ Marks}$

- 11. Hardy Schulze law
- 12. Oxidation reaction of Alkanes
- 13. Write the uses of adsorption
- 14. Define Emulsification and write mechanism of emulsification
- 15. Brownian movement
- 16. Write the importance of Sulphur and Selenium in biological system
- 17. What is Nuclear stability
- 18. Write the application of flame photometer
- 19. Give the general applications of colloids.
- 20. Metalloenzymes
- 21. What are Alkyl halides

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IV SEMESTER PAPER III - (Dietetics II) OP CODE: 8482

Your answer should be specific to the questions asked. Write Question No. in left side of margin.

Long Questions

10X1 = 10 Marks

1. What are Gastro-intestinal disorders? Explain classification, signs and symptoms and dietary management for 1. Peptic Ulcers 2. Diarrhea

Short Essays: (Any - 8)

 $5 \times 8 = 40 \text{ Marks}$

- 2. Distinguish between kwashiorkor and marasmus
- 3. Explain the causative factors of food intolerance?
- 4. Explain the nutritional importance of pre-operative and post-operative condition?
- 5. Food allergy is immune mediated. Elaborate the statement.
- 6. Briefly explain fluid management in diarrhea?
- 7. Explain Megaloblastic anaemia and Pernicious anaemia.
- 8. Define burns along with their degrees, classifications and complications.
- 9. Explain Steatorrhea and its dietary management.
- 10. What are the prophylaxis programs for Vitamin A deficiency?

Short Answers: (Any – 10)

 $3 \times 10 = 30 \text{ Marks}$

- 11. Explain the causes of GERD? List out any five foods that must be avoided during this disease.
- 12. Differentiate between underweight and stunting.
- 13. What is food intolerance? List out the signs and symptoms of food allergy.
- 14. Explain preventive measures that are taken in order to prevent Iodine deficiency.
- 15. Explain dietary management in surgery conditions.
- 16. Write a note on forms of inflammatory bowel disease?
- 17. Explain foods that are included in Gluten intolerance.
- 18. Write about Protein-Energy Malnutrition.
- 19. Note on Gastro Oesophageal Reflux Disease.
- 20. Discuss the aetiology of Vitamin A deficiency.
- 21. Explain dietary management during surgery.